

The ONLOOKER

HENRY HOWLAND

The Little Helper



Sometimes, when you, dear little one, Have closed your eyes and gone to sleep, When all my daily tasks are done, Beside your little bed I creep, To watch you smiling while you dream, All pure at heart, from trouble free, And, though you do not know or guess, You make me long for worthiness, And lure my lost hopes back to me.

Sometimes, when all my efforts seem To be of no avail, and when My wish to claim the world's esteem And be the peer of worthy men Has seemed a futile wish, I bend Beside you where you sleeping lie, And, as I watch, my hopes return, And through your trust in me I learn To keep ideals that are high.

Sometimes, when night's deep shades descend, And raindrops beat against the pane, When 'neath the storm the branches bend And all the dripping boughs complain, I watch you where you sweetly sleep, Your trust in me serene, secure, And, though you do not know, you sweep My doubts away and let me keep My faith unshaken, my purpose pure.

Business.
"I may have to stay in town pretty late tonight, Mary. I expect a man to be here from New York to consult me on business."
"Very well, John. If it is business I shall, of course, have to excuse you."
"Thank you, dear. I am glad you take it so sensibly. We can't afford to let our inclinations interfere with business, you know."

"Yes, I realize that. I'm rather sorry it had to happen this evening, though. Pretty little Mrs. Gayleigh, who got back from Reno a few days ago, has promised to come in to dinner to-night, and I thought you might like to be here."

"Bertha Gayleigh? I didn't know she had come back. It may be that the New York man will want to get away on an early train. I think I heard him say something about it."

If She Were a Man.
"Say, Mary, it doesn't seem to me that you take me into consideration when you express the wish that you were a man. Do you realize that you wouldn't be here now if you were a man?"
"Yes, I realize it, and you wouldn't be here now, either, if I were a man. You'd be as far away somewhere and running as fast as you could."

Where the Power Lies.
"My dear sir," said the visiting Englishman, "you people in this country don't know what a real republic is. Your president has vastly more power than we permit our king to exercise."
"Oh, we all recognize that, but you seem to forget the power your queen is permitted to exercise."

Weakness and Strength.
If you've put away your sorrow, Merely thinking you will wait For some joy to come tomorrow, You are weakly tempting fate.
If you've turned your back on sadness, Thinking it is only fair To expect some unearned gladness, You are flirting with despair.

You are strong if, sorely stricken, You can cling to courage still, Striving though the clouds may thicken, Bravely to work out your will.

Might Be Worse.
"What's the trouble, old man? You look worried."
"I am. My son wants to start a chicken farm."
"Oh, well, try to throw it off. He might be wanting to buy or sell on margins."

Ingratitude.
A Missouri farmer was nearly kicked to death by a mule that he had rescued from a burning barn. A mule may be as ungrateful as a thoughtless son.

Important Provision.
"I want to marry your daughter, Mr. X."
"Do you think you are capable of paying the alimony she has been accustomed to receive?"

THE KITCHEN CABINET



KNOWLEDGE being to be had only of visible and certain truth, error is not a fault of our knowledge, but a mistake of our judgment, giving assent to that which is not true.—Locke.

A DIET OF ONIONS.

This much abused vegetable, which cannot conceal its presence because of its odoriferousness, is one of our most valuable vegetables. Nature provides for her children by sending an abundance of these little tender green stalks to us early in the spring, and in the fall stocks our cellars with them for the winter using. There is no salad, except perhaps a fruit, that is not improved by the appetizing zest of a bit of onion or onion juice.

When the appetite becomes keener in the cold wintry days, care must be taken not to over-eat. If onions are served twice a week at least the system is in good tone to withstand any drain of disease or extra work, for they are valuable scavengers in the system.

A disordered system will result in a cold, which is often directly caused by over-eating. We cannot expect the department of the interior to go on overworking year in and year out. If we cut our food in half and multiply our exercise by two in the open air, we would have less of colds, grip and pneumonia.

Onions With Cheese.—This is a dish especially good for a cold night supper. Cook sufficient onions for the number to partake; drain them and place a layer of the cooked onion in a buttered baking dish, pour over a half cup of rich white sauce, sprinkle generously with cheese, and repeat with another layer of the onions, white sauce and cheese. Put into the oven and serve when well heated through.

Onions Stuffed With Sausage.—This is the most elegant dish, which may be used for company. Take the mild Spanish or Bermuda onion, a half dozen or more, peel and parboil until tender enough to scoop out a center; chop the part taken out and mix with well seasoned sausage, and fill the centers. Make a sauce of chicken stock, if you have it, if not use butter and water. Put the onions into a baking dish and bake, basting occasionally until thoroughly tender. Sprinkle with buttered crumbs, and when they are brown serve from the baking dish.

Stuffed Tomatoes.—Tomatoes stuffed with chopped onion and cucumber, seasoned well and mixed with French dressing, a little chopped parsley added, is a most appetizing salad. Serve each tomato on a leaf of lettuce or set in a nest of blanched head lettuce.

Character is higher than intellect. A great soul will be strong to live as well as to think.—Emerson.

May we so live, we dread not here to die; So die, we dread not afterward to live.—P. H. Bailey.

A VARIETY OF CAKES.

In making cake, have all the materials at hand before beginning the operation, then at the last moment there will be nothing vitally important missing. When eggs are high we will wish to choose cakes with few of them, and there are many. With butter always high, we like to use an little as possible, and substitute a cheaper fat, when the flavor may be disguised by spices.

Eggless Devil's Food.—One cupful of sugar, a quarter of a cup of shortening, one-half cup of sour milk, two cupfuls of flour, two squares of chocolate dissolved in a half cup of boiling water, one-half teaspoonful of salt, a half teaspoonful of soda and a teaspoonful of baking powder. Bake in loaf or layers.

Coffee Cake.—Mix well together three tablespoonfuls of sugar with two of melted butter, and one egg. Sift two tablespoonfuls of baking powder with two cups of flour; add salt and the grated rind of a lemon. Mix together, adding the milk gradually, alternating with the flour. When ready for the oven, sprinkle with cinnamon and sugar.

Snow Cake.—Cream a half cup of butter, add a cup of sugar, a half cup of milk, alternately with two cups of flour sifted with two teaspoonfuls of baking powder. Add flavoring and fold in the whites of four eggs beaten stiff.

Pork Cake.—To one cup of fat chopped salt pork add a cup of boiling water, one cupful of raisins, one cup of brown sugar, one-half cup of molasses, one teaspoonful of soda and different spices to taste. A cup of well softened dried apples is an improvement.

Nelli Maxwell.

"ici on Parle Francaise."
The student of French by the direct method, who said that it was not easy to skate "quand vous avez les skates touts sur un cote," was probably unaware that he was working on a seventeenth-century model. The Salisbury Law Records of 1631 tell us that a prisoner "jet un brickbat a le Chief Justice Richardson, qui narrowly mist," and for this misdemeanor was "immediateamente hange." Strange how old fashions come in again! comments the "University Correspondent."

SIMPLE AND EASIER TO DO

Tramp's Methods Not Altogether Unlike That Followed by Too Many Others.

Hoboes came up for discussion in a Washington club the other night, and Senator Nathan P. Bryan of Florida told this anecdote along the Weary Willie line:

Some time ago a hobo meekly tapped on the back door of a suburban home and asked for something to eat. The good housewife responded that she would feed him on the back step along with Fido, providing he was willing to earn the meal by cleaning out the gutter.

The tramp agreed, and when he had eaten his way through several sandwiches to a feeling of happiness, the housewife came out with a reliable looking hoe.

"You needn't have gone to that trouble, madam," said the hobo, sizing up the farm implement. "I never use a hoe in cleaning out a gutter."

"Never use a hoe!" said the woman with a wondering expression. "What do you use, then, a shovel?"

"No, madam," replied the hobo, starting for the back gate, "my method is to pray for rain."

A CLERGYMAN'S TESTIMONY.

The Rev. Edmund Heslop of Wighton, Pa., suffered from Dropsy for a year. His limbs and feet were swollen and puffed. He had heart fluttering, was dizzy and exhausted at the least exertion. Hands and feet were cold and he had such a dragging sensation across the loins that it was difficult to move.

After using 5 boxes of Dodds Kidney Pills the swelling disappeared and he felt himself again. He says he has been benefited and blessed by the use of Dodds Kidney Pills. Several months later he wrote: I have not changed my faith in your remedy since the above statement was authorized. Correspond with Rev. E. Heslop about this wonderful remedy.

Dodds Kidney Pills, 50c. per box at your dealer or Dodds Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free, Adv.

HAD YEARNING FOR ACTION

Incident in the Early Life of the Great Hercules Not Hitherto Recorded in Mythology.

The infant Hercules had tired of hygienic cuddling. Kicking the slats from his trundle bed, he tipped over the table with the modified milk and the distilled water and the government tested food and, making his way to the pantry, put himself outside of a pan of baked beans, a chunk of corned beef, a mince pie, and then drank a gallon of fresh buttermilk. When his frightened nurse found him he picked her up and tossed her to the top shelf of the china closet and playfully roared, "Good night, nurse."

After which he toddled out on the front porch and looked up and down the highway. As he did so he toothlessly muttered:

"Why don't they bring on those unsanitary snakes that the fairy books say I throttled?"

Best of All Gifts.

A little boy in a big metropolitan Sunday school listened eagerly while the superintendent talking of missions urged every one present to contribute to the cause.

"Give what you can, not what you want," he concluded his exhortation. "Give generously and of your best."

Little Joseph, taking the exhortation literally and being penniless, wrote on the slip passed out for depositing in the pledge box:

"Please, sir, I give myself."

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* In Use For Over 30 Years. Children Cry for Fletcher's Castoria

Overdoing Housework.

"Housekeepers everywhere recognize that life is too valuable to spend every hour of the day in the mere keeping of the house. No human being can be continuously efficient and work more than eight hours in twenty-four. There are better ways, more scientific methods, more efficient utensils."—Charles Barnard.

Too Risky.

Bill—Go in an' tell de bartender dat if he don't give yer a drink you'll drop dead."
Red—I don't. If he did I would.

Philadelphia has three women mill owners.

And many a man is sold without getting his price.

Putnam Fadeless Dyes do not stain the kettle. Adv.

There is no effect without a cause. The girl with pretty feet never gets the bottom of her skirt muddy.

Disease always attacks the weakest spot first. Perhaps that is why so many people get a cold in the head.

A simple protection against dangerous throat affections are Dean's Mentholated Cough Drops; 8c at Drug Stores.

Paw Knows Everything.
Willie—Paw, what is an autocrat of the breakfast table?
Paw—the sporting page, my son.

Helping Him to Save.
"How long is your doctor going to keep you on a diet, until you are strong?"
"No, until his bill is paid."

Beware the Gray Eye.
Among the gray eyed there are few who retain any spiritual emotions. People with gray eyes are superficial, frivolous, given to embrace false idols, running down blind alleys, following false prophets, thoughtless, inconsiderate, wanting in sympathy, neurotic, unstable, not firm and deliberate, but rash and impetuous.

His Mother's Cake.
Mrs. Beanbrough—How do you like my cake, dear?
Mr. Beanbrough—It is very good, but not as nice as the cake my mother makes.
"Indeed?"
"Mother makes marble cake that looks like the real thing."
"Yes, you are right; and that's just the way it tastes, too."

Epitaph for a Trust.
"Miss the trusts!" said Senator La Follette at a luncheon in Washington. "Yes, oh, yes, when the trusts go we'll miss them—we'll miss them like the widow."

"A widow, at her late husband's funeral, happened, during the burial service, to drop her handkerchief into the open grave.
"A young man gallantly offered to leap down and get the handkerchief for her.
"But the widow shook her head.
"No," she said, "leave it there. I have done with tears now."

SCALP TROUBLE FOR YEARS

268 Harrison St., Elyria, Ohio.—"My case was a scalp trouble. I first noticed small bunches on my scalp which commenced to itch and I would scratch them and in time they got larger, forming a scale or scab with a little pus, and chunks of hair would come out when I would scratch them off. It caused me to lose most of my hair. It became thin and dry and lifeless. I was troubled for over ten years with it until it got so bad I was ashamed to go to a barber to get my hair cut."

"I tried everything I could get hold of, and I received no benefit until I commenced using Cuticura Soap and Ointment when the scale commenced to disappear. The way I used the Cuticura Soap and Ointment was to wash my scalp twice a day with warm water and Cuticura Soap and rub on the Cuticura Ointment. I received benefit in a couple of weeks and was cured in two months."
(Signed) F. J. Busher, Jan. 28, 1913.
Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address post-card "Cuticura, Dept. L, Boston."—Adv.

Not in Her Line.

One day Mr. Smith went to buy a bushel of buckwheat for sowing. The man who sold the wheat was away, but his wife undertook to make the sale. She found a peck measure and they went to the granary.

She filled the measure twice, poured the contents into the bag, and began to tie it up.

"But Mrs. Lawton," said the man, "it takes four pecks to make a bushel."
"Oh, does it?" replied the woman, untying the bag. "Well, you see, I never had any experience in measuring grain before I was married. I always taught school."

Aeroplane Kept as Memento.

All that is left of the historic Wright biplane with which Calbraith P. Rodgers flew from the Atlantic to the Pacific two years ago is to be presented to the Carnegie museum at Pittsburgh by the late aviator's mother. The machine was badly damaged when Rodgers fell to his death in the Pacific ocean a short time after completing his wonderful flight. Subsequently it was used by Andrew Drew until that aviator also was killed with it. The machine has been restored to its original condition. Both Rodgers' and Fowler's Wright machines have motors of but 30-horsepower, yet they flew across the continent in opposite directions at a time when the aeroplane had not been equipped with the 100-horsepower motor of today, which makes it much more stable, nor had it developed anywhere near the speed of which it has since shown itself to be capable.

Are Your Hands Tied?

by a chronic disease common to woman-kind? You feel dull—headache? Back-ache, pains here and there—dizziness or perhaps hot flashes? There's nothing you can accomplish—nothing you can enjoy! There's no good reason for it—because you can find permanent relief in

DR. PIERCE'S Favorite Prescription

Mrs. Fannie H. Brent, of Bryant, Nelson Co., Va., writes: "I believe I had every pain and ache a woman could have, my back was weak, and I suffered with nervousness and could not sleep at night. Suffered with soreness in my right hip, and every month would have spells and have to stay in bed. I have taken eight bottles of your 'Favorite Prescription' and one vial of your 'Pleasant Pellets.' Can now do my work for six in family, and feel like a new woman. I think it is the best medicine in the world for women. I recommend it to all my friends and many of them have been greatly benefited by it."

DR. PIERCE'S PLEASANT PELLETS Relieve Liver Bili!

For DISTEMPER Pink Eye, Epizootic Shipping Fever & Catarrhal Fever
Here are and positive preventive, no matter how brown at any age are infected or "exposed." Liquid given on the tongue acts on the blood and glands, expels the poisonous germs, cures distemper in dogs and sheep and cholera in poultry. Largest selling live stock remedy. Cures La Grippe among human beings, and is a Kidney remedy. See also "How to Keep Your Horses and Cattle Healthy." Keep it close to your drug store, who will get it for you. Free Booklet, "Distemper Causes and Cures." Special Agents wanted.

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Of a Wild Nature.

Just outside the entrance to the yard at the Naval academy is an apartment house where many young officers live, and baby carriages are a not infrequent sight in this vicinity.

Not long ago the commander of the yard had a notice posted on one side of the gate forbidding automobiles to enter, because they frightened the horses. Shortly afterwards the following unofficial notice appeared on the other side of the gate:

"Baby carriages and perambulators not allowed in this yard. They scare the bachelors."

Price of Realty in Rome.
In the big cities of the Old World the highest value seems to belong to a property in Rome. Here is where a value of \$450 a square foot is found, and the land is not used for an income-producing building, but includes the property of the German embassy to Italy. Business property in Rome does not bring nearly this high price. In the principal centers of offices and shops values do not mount much above \$200 a square foot.

Modern Ostentation.

Thornton—Fannie Flashley carries her bankroll in her stocking.
Rosemary—I'm not surprised. She always seemed fond of flaunting her wealth.—Judge.

They Generally Do.

"Binks put up a strong fight against seasickness."
"Yes, but he finally had to give up."

Mrs. Winslow's Soothing Syrup for Children

teething, soothes the gums, reduces inflammation, allays pain, cures wind colic, 35c a bottle.

Every mother thinks she has the dearest baby in the world. So does the father when the bills come in.

Don't believe all you hear. Lots of defaulting bank officials have never been Sunday school superintendents.



Rheumatic Twinges

yield immediately to Sloan's Liniment. It relieves aching and swollen parts instantly. Reduces inflammation and quiet that agonizing pain. Don't rub—it penetrates.

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Kills Pain

gives quick relief from chest and throat affections. Have you tried Sloan's? Here's what others say:

Relief from Rheumatism.
"My mother has used one 60c. bottle of Sloan's Liniment, and although she is over 85 years of age, she has obtained great relief from her rheumatism."
—Mrs. H. E. Lindelof, Colby, Cal.

Good for Cold and Croup.
"A little boy next door had croup. I gave the mother Sloan's Liniment to try. She gave him three drops on sugar before going to bed, and he got up without the croup in the morning."
—Mr. W. H. Strang, 3721 Elmwood Ave., Chicago, Ill.

Neuralgia Gone.
"Sloan's Liniment is the best medicine in the world. It has relieved me of neuralgia. Those pains have all gone and I can truly say your Liniment did stop them."
—Mrs. C. M. Decker of Johnsonburg, Mich.

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